



|| Shilam Param Bhushanam ||
Shri. Yashwant Shikshan Prasarak Mandal's Kodoli

YASHWANT AYURVEDIC COLLEGE

POST GRADUATE TRAINING & RESEARCH CENTRE, KODOLI

Tal. Panhala, Dist. Kolhapur, Maharashtra State - 416 114

*NABH Accredited Hospital. *Affiliated to Maharashtra University of Health Sciences, Nashik.

*Recognised by Govt. of Maharashtra. *N.C.I.S.M, & Ministry of AYUSH Govt. of India, New Delhi

* Website: www.yackodoli.com * E-mail: yamkodoli@gmail.com, * Phone No. 02328-222088, 222089, 224146, 224763

Ref.No.YACK/PG/548/2025

Date. 06/05/2025

To,
The HOD,
Dept. of U.R.D
M.U.H.S., Nashik

Sub: - Forwarding the report of "Basic Research Methodology Workshop" organized by Yashwant Ayurvedic College P.G.T. & R.C. Kodoli.

Respected Sir/ Madam,

Sending herewith the report of "Basic Research Methodology Workshop" conducted on 22.04.2025 to 24.04.2025 organized by Yashwant Ayurvedic College P.G.T. & R.C. Kodoli with all necessary documents.

Kindly accept the same.

Thanking you!

Yours faithfully,

DEAN

**Yashwant Ayurvedic College
Post Graduate Training &
Research Center, Kodoli**

Including documents:-

- 1) Workshop Report
- 2) Programme schedule of Basic Workshop on Research Methodology.
- 3) Resource faculty Attendance
- 4) Attendance Sheet of Participants.
- 5) Feedback Summary as per Format
- 6) RTGS No. – BKIDY 25114685357 (Amount - 25000/-)



॥ Shilam Param Bhushanam ॥

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Ref.No.YACK/ PG / 548 / 2025

Date. 06/05/2025

REPORT OF "Basic Workshop In Research Methodology" organized by Yashwant Ayurvedic College P.G.T. & R.C. Kodoli .

Duration: 22 April 2025 to 24 April 2025

Venue: Auditorium, Yashwant Ayurvedic College P.G.T. & R.C. Kodoli. Tal – Panhala.
Dist – Kolhapur

Basic Workshop in Research Methodology was conducted by Yashwant Ayurvedic College, P.G.T. & R.C. Kodoli in Collaboration with U.R.D. MUHS, Nashik. by taking permission from Dept. of M.U.H.S./U.A.W/U.R.D., Nashik via letter no. 245/2025 Dated 08/04/2025.

We are thankful to U.R.D. Dept. & H.O.D. for giving permission as per the reference No. M.U.H.S./U.A.W/U.R.D./ 245/2025 Dated 08/04/2025 approval to conduct this workshop through our Institute. The workshop was conducted from 22.04.2025 to 24.04.2025.

Dr. Vasundhara Ramdas Borakhade, Professor, Department of Kayachikitsa , Yashwant Ayurvedic College, P.G.T. & R.C. Kodoli has been appointed as a Coordinator of the Basic Workshop in Research Methodology and Authorized faculty to handle the MUHS Intranet Portal. Under her coordination, the workshop was conducted between 22.04.2025 to 24.04.2025. The institute has strictly followed the guidelines and directions mentioned in the University Research Department Notification No. 09/2023 while conducting the whole workshop. A total of 69 participants tried for the registration amongst them 50 were confirmed and 50 were present for the workshop.

Day 1 (22/04/2025):

On the first day, all the registered participants were handed over the workshop kit. A pre-test was taken before starting the sessions by Dr.V.R.Borakhade After the conduction of the pre-test Dr.V.R. Borakhade Professor Dept. of Kayachikitsa Y.A.C.Kodoli , briefed the objectives of the workshop. Inauguration ceremony was conducted on day 1st at 11.20 am.

First session of Introduction to Research Methodology followed with Case control and cohort studies de and Experimental studies was conducted by Dr.K.K. Jadhav H.O.D.&Prof. Dept. of Swasthavritta Y.A.M.C.Kodoli. Next session of descriptive statistics , was delivered by Dr. Ravi Patil Professor Dept. of panchakarma Y.A.M.C.Kodoli . Exercise of this session was conducted by Dr. K.K. Jadhav H.O.D.& Prof. Dept. of Swasthavritta Y.A.M.C.Kodoli . After that Dr. M.M. Godbole sir Dean, of Y.A.M.C.Kodoli delivered the lecture on Types of Data and Data Presentation.Next session by Dr.V.R.Borakhade Professor Dept.of Kayachikitsa Y.A.C.kodoli on Literature Search.And followed by group activity on same.

.Participants were actively involved in the group activities and benefitted from the expertise shared by all the resource persons for the day. Day 1 (22/04/2025) ended with the feedback form and felicitating the resource persons.

Day 2 (23/04/2025):

The second day started with lecture by Dr. Ashok Patil prof. HOD Rognidan of Y.A.M.C.Kodoli Y.A.C.Kodoli on Sampling Methods and Sample Size Determination. followed by group activity on same. By Dr. V. R. Borakhade Asso. Professor Dept. of Kayachikitsa Y.A.C.Kodoli. next Group Activity Conducted by dr.L.B.Patil. Professor Dravyaguna.

Dr. Harshal Sable Asso. Professor Samhita dept. conducted lecturer on Qualitative Research Methodology followed by Dr. Srinivas about Writing Research Protocol. Dr. T. Vishala HOD and Professor dept of Streerog and Prasuti Y.A.C.kodoli delivered lecture on critical evaluation of journal article. And group activity related to this topic was taken by Dr. Asmita Sutar Asso. Professor Samitha Dept. Participants were delighted with the pool of knowledge shared by the resource persons for the day. Felicitation of all the resource persons was done and the day (23/04/2025) ended with the collection of feedback forms.

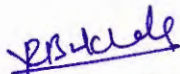
Day 3 (24/04/2025):

On the third day, Dr. Rupali Patil of Ashta Dange Ayurved college delivered the first sessions on Evaluation Of Diagnostic test followed by lecture by Dr. V.R. Borakhade Asso. Professor Dept. of Kayachikitsa Y.A.C.Kodoli on Inferential statistics and group activity on same. Followed by computer assistance in Data Analysis Excel and EPI info by Dr. R.Z. Patil Asso. Professor Dept. of Dravyaguna Y.A.M.C.Kodoli. Ethical issues in Medical Research conducted by Dr. S.P. Wagh sir HOD. and Professor Dept. of Kayachikitsa Y.A.C.kodoli

Post test was conducted on day three also feedback form collection was done. Felicitation of all resource persons of the day three was done for their hard work. at the valedictory session. Also participants were shared their thoughts about the overall workshop. It was a great experience to work with and hear such resourceful faculty members. All the participants benefitted from the knowledge they received and promised to incorporate it into their research related activities. Dr. Vasundhara R. Borakhade, Coordinator Basic Workshop in Research Methodology had delivered vote of thanks.

Overall the workshop was Successful.

Thanking you!



Dr. Vasundhara R. Borakhade
Co-ordinator
M.E.T. (R.M.) Programme



Dr. M. M. Godbole
Dean

Y.A.C.P.G.T. & R.C., Kodoli

DEAN

**Yashwant Ayurvedic College
Post Graduate Training &
Research Center, Kodoli**



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Ref.No.YACK/ P-G / 325/2025

Date. 25.03.2025

To,
The H.O.D.
Dept. of U.R.D.,
M.U.H.S. Nashik.

**Sub – Regarding approval for “Basic workshop in Research Methodology”
under M.E.T. Programme**

Respected Sir,

We are willing to conduct “Basic workshop in Research Methodology” under M.E.T. Programme of M.U.H.S. Nashik from 22.04.2025 to 24.04.2025. For the same, we the undersigned applying herewith for the approval of “Basic workshop in Research Methodology” under M.E.T. programme. Kindly approve the same and oblige. Please do the needful.

We are enclosing herewith the tentative programme schedule design.

Dr. Vasundhara R. Borakhade
Co-ordinator,
M.E.T. (R.M.) Programme
Ph- 9822885710
E-mail- vasudha.borakhade@gmail.com

Dean
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Yashwant Ayurvedic College
Post Graduate Training &
Research Center, Kodoli



Programme Schedule of Basic Workshop in Research Methodology

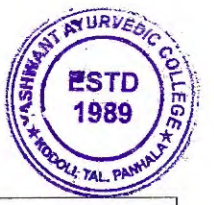
Number of participants: 50

DAY ONE – 22.04.2025				
S.N	Topic	Resource person	Time (Minutes)	From -To
	Pre –Test questionnaire	Dr .Vasundhara Ramdas Borakhade	30	09.30-10.00
1	L-1: Introduction to Research Methodology	Dr. Kalapna Krishnrao Jadhav	45	10.00 -10.45
2	L-2 : Study Designs-1: Descriptive studies	Dr. Vijay Vasant Patil	60	10.45 -11.45
3	L-3 : Study designs-2: Case Control Studies & cohort studies	Dr. Ravindra B.Patil	60	11.45-12.45
4	L-4 : Study Designs-3: Experimental studies	Dr. Dr.T.Shrinivas	45	12.45 -13.30
	Lunch Break		30	13.30 -14.00
5	Group Activity-1: Participants will be divided into 4 - 5 groups. <ul style="list-style-type: none">• Each group will discuss among itself and come out with at-least 2 research questions and related hypothesis• Indicate why the topic was selected by the group over other topic• Indicate the type of study with reasons thereof• Indicate dependent and independent variables included in the studies	Dr. Kalapna Krishnrao Jadhav Dr .Vasundhara Ramdas Borakhade	60	14.00 -15.00
6	L-5: Types of Data & Data Presentation	Dr. Vasundhara Ramdas Borakhade	60	15.00- 16.00
7	L-6: Literature Search	Dr. Milind Mohan Godbole	60	16.00- 17.00



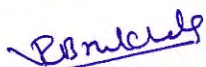
DAY TWO – 23.04.2025

S.N	Topic	Resource person	Time (Minutes)	From –To
1	Group Activity-2: Participants will divide into groups as was done for GA- 1. Each group will try to search references related to topics finalized and discussed in G.A:1	Dr .Vasundhara Ramdas Borakhade	60	10.00- 11.00
2	L-7: Sampling: Methods & Sample size Determination	Dr . Ashok Sadhshiv Patil	60	11.00 -12.00
3	L-8: Questionnaire Designing	Dr. Kalapna Krishnrao Jadhav	60	12.00- 13.00
4	L-9: Qualitative Research Method	Dr. Harshal S.Sable	60	13.00- 14.00
5	Group Activity -3: Participants will divide into groups as in GA- 1. Each group will discuss and present <ul style="list-style-type: none"> • Sampling method adopted for the study/ studies selected in GA-1 • Discuss and present sample size determined for study Present at least 3 dummy tables generated (Tea shall be served during group activity)	Dr.Laxmikant Balaso Patil	60	14.00 -14.30
	Lunch break		30	14.30-15.30
6	L-10: Ethical Issues In Medical Research ** Groups will present ethical issues in their respective studies.	Dr. Surykiran P.Wagh	60	15.30 - 16.30
7	L- 11 :Writing a research protocol	Dr. Kalapna Krishnrao Jadhav	60	16.30 – 17.30



DAY THREE - 24.04.2025

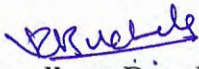
S.N	Topic	Resource person	Time (Minutes)	From -To
1	L-12: Evaluation of Diagnostic test	Dr. Rupali R. Patil	60	10.00 – 11.00
2	L-13 : Inferential Statistics	Dr .Vasundhara Ramdas Borakhade	60	11.00 – 12.00
3	Group Activity -4: Participants will divide into groups as in GA- 1. Each group will discuss about the inferential statistics (statistical tests) to be applied for the study design discussed in earlier group exercises.	Dr. Rupali R. Patil	60	12.00-13.00
4	L-14: Critical evaluation of journal article **	Dr. K.Vishala	60	13.00 -14.00
	LUNCH		30	14.00 - 14.30
5	GA -5 : Two journal articles (different study designs) will be presented and discussed by members**	Dr. Asmita Mahesh Sutar	60	14.30 - 15.30
6	L- 15: Computer assistance in Data Analysis Excel and EPI Info	Dr. Ranjeet Zunzarrao Patil	60	15.30 – 16.30
7	Post Test (With Feedback from participants)	Dr .Vasundhara Ramdas Borakhade	30	16.30 – 17.00

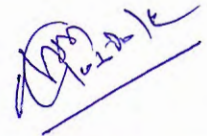

Dr .Vasundhara Ramdas Borakhade
Co-ordinator,
M.E.T. (R.M.) Programme


PRINCIPAL
YASHWANT AYURVEDIC COLLEGE, KODOLI
TAL. Panhala, Dist. Kolhapur



Sr. No.	Faculty Name	College Name	Contact No.	Included In Faculty Database
1	Dr. Milind Mohan Godbole	Yashwant Ayurvedic College, Kodoli	9850119900	Yes (Sr. No. 94) (Uttar Maharashtra Region)
2	Dr. Kalpana Krishnarao Jadhav	Yashwant Ayurvedic College, Kodoli	9423871049	Yes (Sr. No. 91) (Uttar Maharashtra Region)
3	Dr. Laxmikant Balasaheb Patil	Yashwant Ayurvedic College, Kodoli	9422050209	Yes (SR.NO. 92) (PUNE REGION)
4	Dr. Ashok Sadashiv Patil	Yashwant Ayurvedic College, Kodoli	9423802308	Yes (SR.NO. 110) (PUNE REGION)
5	Dr. Ranjeet Zunzarrao Patil	Yashwant Ayurvedic College, Kodoli	9921556767	Yes (SR.NO. 91) (PUNE REGION)
6	Dr. Uttam Kashinath Bande	Yashwant Ayurvedic College, Kodoli	9011090327	Yes (SR.NO. 109) (PUNE REGION)
7	Dr. Vasundhara Ramdas Borakhade	Yashwant Ayurvedic College, Kodoli	9822885710	Yes (SR.NO. 153) (PUNE REGION)
8	Dr. Harshal Sampatrao Sabale	Yashwant Ayurvedic College, Kodoli	9960446171	Yes (Sr. No. 92) (Uttar Maharashtra Region)
9	Dr. Suryakiran Parashuram Wagh	Yashwant Ayurvedic College, Kodoli	9822846910	Yes (Sr. No. 95) (Uttar Maharashtra Region)
10	Dr. Kavita Chandrashekhar Mule	Yashwant Ayurvedic College, Kodoli	9423277612	Yes (SR.NO. 74) (PUNE REGION)
11	Dr. Vijay Vasantrao Patil	Yashwant Ayurvedic College, Kodoli	7507313566	Yes (Sr. No. 96) (Uttar Maharashtra Region)
12	Dr. Ravi Patil	Yashwant Ayurvedic College, Kodoli	9822010316	Yes (SR.NO. 34) (PUNE REGION)
13	Dr. Asmita Sutar	Yashwant Ayurvedic College, Kodoli	9960467200	Yes (Sr. No. 151) (Pune Region)


Dr. Vasundhara Ramdas Borakhade
Co-ordinator,
M.E.T. (R.M.) Programme


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TAL. Panhala, Dist. Kolhapur

Yashwant Ayurvedic College ,
Post Graduate Training & Research Center, Kodoli
Research Methodology Workshop
Date:22.04.2025 to 24.04.2025
Faculty Attendance

Sr.No.	Faculty Name	Date 22.04.2025	Date 23.04.2025	Date 24.04.2025
1	Dr.M.M.Godbole	P	—	—
2	Dr. K.K. Jadhav	P	P	—
3	Dr. V.R.Borakhade	P	P	P
4	Dr.L.B.Patil	—	P	—
5	Dr.Ashok Patil	—	P.	—
6	Dr.Asmita Sutar	—	—	P
7	Dr.Ravi B. Patil	P.	—	—
8	Dr.R.Z.Patil	—	—	P
9	Dr.H.S.Sable	—	P	—
10	Dr.S.P.Wagh	—	P	—
11	Dr.V.V.Patil	P	—	—
12	Dr.Rupali Patil	—	—	P.
13	Dr.T.Shrinivas	P	—	—
14	Dr.K.Vishala	—	—	P.

V.R. Borakhade
Dr .Vasundhara Ramdas Borakhade
Co-ordinator,
M.E.T. (R.M.) Programme

Dr. M. M. Godbole
Dean
Yashwant Ayurvedic College
Post Graduate Training &
Research Center, Kodoli

36	Dr.Dipali Vilas Katkar	Dalkar	Dalkar	Dalkar	Dalkar	Dalkar	Dalkar
37	Dr.Nandinee Shivmurti Amanagi	Shimanga	Shimanga	Shimanga	Shimanga	Shimanga	Shimanga
38	Dr Harshal Harishchandra Pawali	Ja	Ja	Ja	Ja	Ja	Ja
39	Dr.Shruti Ashokrao Paraskar	Sparaska	Sparaska	Sparaska	Sparaska	Sparaska	Sparaska
40	Dr.Vinayak Pandurang Behere	Behar	Behar	Behar	Behar	Behar	Behar
41	Dr.Prasad Balasaheb Laware	Lawar	Lawar	Lawar	Lawar	Lawar	Lawar
42	Dr.Aditya Bhausahab Lawate	Lawar	Lawar	Lawar	Lawar	Lawar	Lawar
43	Dr Ashitosh Gorakh Lendave	Sparaska	Sparaska	Sparaska	Sparaska	Sparaska	Sparaska
44	Dr Onkar Ashok Gaikwad	Ga	Ga	Ga	Ga	Ga	Ga
45	Dr. Ashutosh Dwarkanath Mokul	Damkar	Damkar	Damkar	Damkar	Damkar	Damkar
46	Dr.Pratik Uttamrao Patil	Patil	Patil	Patil	Patil	Patil	Patil
47	Dr.Mayuri Ramkrushna Kite	Kitey	Kitey	Kitey	Kitey	Kitey	Kitey
48	Dr.Snehal Rahul Jagadale	Jagadale	Jagadale	Jagadale	Jagadale	Jagadale	Jagadale
49	Dr.Manasi Vyanktesh Belapure	Belapure	Belapure	Belapure	Belapure	Belapure	Belapure
50	Dr Abhijeet Maruti Patil	Patil	Patil	Patil	Patil	Patil	Patil

Vasudha

Dr. Vasudhra R. Borakhade
Co-ordinator,
M.E.T. (R.M.) Programme
Ph- 9822885710

E-mail- vasudha.borakhade@gmail.com

MM

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Post Graduate Training &
Research Center, Kodoli

Maharashtra University of Health Sciences, Nashik
Basic Workshop In Research Methodology

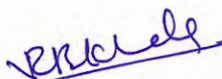
Duration - 22 April 2025 to 24 April 2025

Venue - Auditorium, Yashwant Ayurvedic College P.G.T. & R.C. Kodoli.
 Tal – panhala, Dist – Kolhapur

Number of participants - 50

SESSION EVALUATION FEEDBACK SUMMARY

Sr. No	Name Of Session	Name of Resource Faculty	Excellent	Good	Fair	Poor
1	: Introduction to Research Methodology	Dr. Kalapna Krishnrao Jadhav	19	21	10	0
2	Case Control Studies & cohort studies					
3	Descriptive studies	Dr. Vijay Patil.	17	22	11	0
4	Types of Data & Data Presentation	Dr. Vasundhara Ramdas Borakhade.	14	21	15	0
5	Experimental studies	Dr. Kalapna Krishnrao Jadhav .	16	32	2	0
6	Group Activity-1:					
7	Literature Search	Dr. Milind Godbole .	15	20	14	0
8	Group Activity -3					
9	Group Activity-2:	Dr. L.B. Patil	16	22	12	0
10	Sampling: Methods & Sample size Determination	Dr. Ashok Patil	25	23	2	0
11	Qualitative Research Method	Dr. Harshal Sabale	12	20	17	0
12						
13	Writing a research protocol	Dr. T.Srinivas	14	20	26	0
14	Critical evaluation of journal article **	Dr. K. Vishala	25	22	3	0
15	GA -5 : Two journal articles (different study designs) will be presented and discussed by members**	Dr. Asmita Sutar				
16	: Inferential Statistics	Dr. Vasundhara Ramdas Borakhade	14	22	14	0
17	Group Activity -4:					
18	Evaluation of Diagnostic test	Dr. Rupali Patil	15	27	8	0
19	Questionnaire Designing	Dr. Kalapna Krishnrao Jadhav	16	25	9	0
20	: Ethical Issues In Medical Research ** Groups will present ethical issues in their respective studies	Dr. S.P. Wagh.	27	10	13	0
21	: Computer assistance in Data Analysis Excel and EPI Info	Dr. R.Z. Patil	18	22	10	0


Dr. Vasundhara Ramdas Borakhade
 Co-ordinator,
 M. E. T. (R.M.) Programme


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 Yashwant Ayurvedic College
 Post Graduate Training
 Research Center. Kod.

बैंक ऑफ इंडिया
BANK OF INDIA

BOI



Kodoli

BRANCH

APPLICATION FORM FOR RTGS. / NEFT.

Sr. No.

Entered by

Verified by

Date: 24/04/2025

Applicant's Name

& Address Yashwant Ayu. College P.G.T.h R.C. Kodoli

Applicant's Account Number: 09272110000001

Beneficiary Name Registered M.U.H.S. Nashik (Gen.fund
& Address: Alc)

Beneficiary Account Details: a) Type of Account: S/B, C/D, O/D, C/C

Account No. 00641450000649

b) IFSC Code: HDFC0000064

c) Name of Bank: HDFC Bank

d) Name of Branch: Thatte Nagae, Nashik

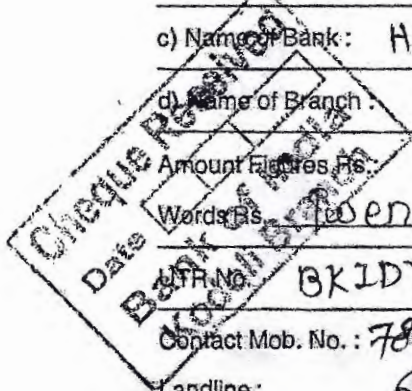
Amount Figures Rs. 25000-

Words Rs. Twenty five thousand only

RTGS No. BKIDY25114685357

Contact Mob. No.: 7840926337

Landline:



(Signature)
प्रचार्य सचिव व्यवस्थापक अध्यक्ष

यशवंत आयुर्वेदिक शिक्षण व संशोधन केंद्र कोडोली
Signature of Applicant

ATTESTED

DEAN

Yashwant Ayurvedic College
Post Graduate Training &
Research Centre, Kodoli