



|| Shilam Param Bhushanam ||

Shri. Yashwant Shikshan Prasarak Mandal's Kodoli

YASHWANT AYURVEDIC COLLEGE

POST GRADUATE TRAINING & RESEARCH CENTRE, KODOLI

Tal. Panhala, Dist. Kolhapur, Maharashtra State - 416 114

*NABH Accredited Hospital. *Affiliated to Maharashtra University of Health Sciences, Nashik.

*Recognised by Govt. of Maharashtra. *N.C.I.S.M, & Ministry of AYUSH Govt. of India, New Delhi

* Website: www.yackodoli.com * E-mail: yamkodoli@gmail.com, * Phone No. 02328-222088, 222089, 224146, 224763

Ref.No.YACK/PG /547/2025

Date. 06/05/2025

To,
The HOD,
Dept. of U.R.D
M.U.H.S., Nashik

Sub: - Forwarding the report of "Basic Research Methodology Workshop" organized by Yashwant Ayurvedic College P.G.T. & R.C. Kodoli.

Respected Sir/ Madam,

Sending herewith the report of "Basic Research Methodology Workshop " conducted on 15.04.2025 to 17.04.2025 organized by Yashwant Ayurvedic College P.G.T. & R.C. Kodoli with all necessary documents.

Kindly accept the same.

Thanking you!

Yours faithfully,

DEAN

Yashwant Ayurvedic College
Post Graduate Training &
Research Center, Kodoli

Including documents:-

- 1) Workshop Report
- 2) Programme schedule of Basic Workshop on Research Methodology
- 3) Resource faculty Attendance
- 4) Attendance Sheet of Participants.
- 5) Feedback Summary as per Format
- 6) RTGS No. – BKID 25114686201 (Amount - 25000/-)



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Ref.No.YACK/PG 1547 /2025

Date. 06/05/2025

REPORT OF "Basic Workshop In Research Methodology" organized by Yashwant Ayurvedic College P.G.T. & R.C. Kodoli .

Duration: 15 April 28, 2025 to 17 April 2025

Venue: Auditorium, Yashwant Ayurvedic College P.G.T. & R.C. Kodoli. Tal – panhala.
Dist – Kolhapur

Basic Workshop in Research Methodology was conducted by Yashwant Ayurvedic College, P.G.T. & R.C. Kodoli in Collaboration with U.R.D. MUHS, Nashik. by taking permission from Dept. of M.U.H.S./U.A.W/U.R.D., Nashik via letter no. 244/2025 Dated 08/04/2025.

We are thankful to U.R.D. Dept. & H.O.D. for giving permission as per the reference No. MUHS / U.R.D /2025, dated & approval to conduct this workshop through our Institute. The workshop was conducted from 15.04.2025 to 17.04.2025.

Dr. Vasundhara Ramdas Borakhade, Professor, Department of Kayachikitsa , Yashwant Ayurvedic College, P.G.T. & R.C. Kodoli has been appointed as a Coordinator of the Basic Workshop in Research Methodology and Authorised faculty to handle the MUHS Intranet Portal. Under her coordination, the workshop was conducted between 15.04.2025 to 17.04.2025. The institute has strictly followed the guidelines and directions mentioned in the University Research Department Notification No. 09/2023 while conducting the whole workshop. A total of 68 participants tried for the registration amongst them 50 were confirmed and 50 were present for the workshop.

Day 1 (15/04/2025):

On the first day, all the registered participants were handed over the workshop kit. A pre-test was taken before starting the sessions by Dr. Borakhade . After the conduction of the pre-test Dr. Borakhade , Professor Dept.of Kayachikitsa Y.A.C.kodoli , briefed the objectives of the workshop. Inauguration ceremony was conducted on day 1st at 11.00 am.

First session of Introduction to Research Methodology followed with descriptive statistics and Experimental studies was conducted by Dr.K.K. Jadhav H.O.D.& Prof. Dept. of Swasthavritta Y.A.M.C.Kodoli. Next session of Case control and cohort studies , was delivered by Dr. R. Patil Professor Dept. of panchakarma Y.A.M.C.Kodoli . Exercise of this session was conducted by Dr.L.Patil Professor & H.O.D. Dept. of Dravyaguna Y.A.M.C.Kodoli . After that Dr. M.M. Godbole sir Dean of Y.A.M.C.Kodoli delivered the lecture on Types of Data and Data Presentation. Next session by Dr.V.Borakhade Professor Dept.of Kayachikitsa Y.A.C.kodoli on Literature Search. And followed by group activity on same. Protocol writing by Dr. Srinivas HOD and Prof. Dept of Shalyatantra.

Participants were actively involved in the group activities and benefitted from the expertise shared by all the resource persons for the day. Day 1 (15/04/2025) ended with the feedback form and felicitating the resource persons

Day 2 (16/04/2025):

The second day started with lecture by Dr. V.R.Borakhade Professor Dept.of Kayachikitsa Y.A.C.kodoli on Sampling Methods and Sample Size Determination. followed by group activity on same.

Dr.K.K. Jadhav H.O.D.& Prof. Dept. of Swasthavritta Y.A.M.C.Kodoli. conducted session on questionnaire desiging and writing Research Protocol.Dr. U.K. Bande professor of Kriya Sharir Y.A.M.C.Kodoli delivered lecture on Qualitative Research Method.Ethical issues in Medical Research conducted by Dr. K.Vishala HOD.and Professor Dept.of strirog prasutitantra, Y.A.C.kodoli Participants were delighted with the pool of knowledge shared by the resource persons for the day. Felicitation of all the resource persons was done and the day (16/04/2025) ended with the collection of feedback forms.

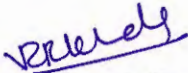
Day 3 (17/04/2025):

On the third day, Dr. Ajit Patil,delivered the first sessions on Evaluation Of Diagnostic test followed by lecture by Dr. V.R.Borakhade Professor Dept.of Kayachikitsa Y.A.C.kodoli on Inferential statistics and group activity on same by Dr. Ashok S. Patil Professor Rognidan YAC Kodoli. Dr.T.Vishala HOD and Professor dept of Streerog and Prasuti Y.A.C.kodoli delivered lecture on critical evaluation of journal article.And group activity related to this topic was taken by Dr.K.Mule Asso.Professor Dept.of Streerog and Prasuti Y.A.C.kodoli.Followed by computer assistance in Data Analysis Excel and EPI info by Dr. R. Patil Asso.Professor Dept. of dravyaguna Y.A.M.C.Kodoli

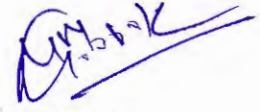
Post test was conducted on day three also feedback form collection was done. Felicitation of all resource persons of the day three was done for their hard work. at the valedictory session. Also participants were shared their thoughts about the overall workshop. It was a great experience to work with and hear such resourceful faculty members. All the participants benefitted from the knowledge they received and promised to incorporate it into their research related activities. Dr. Vasundhara.R.Borakhade , Coordinator Basic Workshop in Research Methodology had delivered vote of thanks .

Overall the workshop was Successful.

Thanking you!



Dr.Vasudhara R. Borakhade
Co-ordinator
M.E.T. (R.M.) Programme



Dr. M. M. Godbole
Dean
Y.A.C.P.G.T. & R.C, Kodoli
DEAN
Yashwant Ayurvedic College
Post Graduate Training &
Research Center, Kodoli



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Ref.No.YACK/ PG 1324/2025

Date. 25.03.2025

To,
The H.O.D.
Dept. of U.R.D.,
M.U.H.S. Nashik.

**Sub – Regarding approval for “Basic workshop in Research Methodology”
under M.E.T. Programme**

Respected Sir,

We are willing to conduct “Basic workshop in Research Methodology” under M.E.T. Programme of M.U.H.S. Nashik from 15.04.2025 to 17.04.2025. For the same, we the undersigned applying herewith for the approval of “Basic workshop in Research Methodology” under M.E.T. programme. Kindly approve the same and oblige. Please do the needful.

We are enclosing herewith the tentative programme schedule design.

Dr. Vasundhara R. Borakhade
Co-ordinator,
M.E.T. (R.M.) Programme
Ph- 9822885710
E-mail- vasudha.borakhade@gmail.com

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Research Center, Kodoli



Programme Schedule of Basic Workshop in Research Methodology

Number of participants: 50

DAY ONE – 15.04.2025				
S.N	Topic	Resource person	Time (Minutes)	From -To
	Pre –Test questionnaire	Dr .Vasundhara Ramdas Borakhade	30	09.30-10.00
1	L-1: Introduction to Research Methodology	Dr. Kalapna Krishnrao Jadhav	45	10.00 -10.45
2	L-2 : Study Designs-1: Descriptive studies	Dr. Vijay Vasant Patil	60	10.45 -11.45
3	L-3 : Study designs-2: Case Control Studies & cohort studies	Dr. Ravindra B.Patil	60	11.45-12.45
4	L-4 : Study Designs-3: Experimental studies	Dr. Dr.T.Shrinivas	45	12.45 -13.30
	Lunch Break		30	13.30 -14.00
5	Group Activity-1: Participants will be divided into 4 - 5 groups. <ul style="list-style-type: none">• Each group will discuss among itself and come out with at-least 2 research questions and related hypothesis• Indicate why the topic was selected by the group over other topic• Indicate the type of study with reasons thereof• Indicate dependent and independent variables included in the studies	Dr. Kalapna Krishnrao Jadhav Dr .Vasundhara Ramdas Borakhade	60	14.00 -15.00
6	L-5: Types of Data & Data Presentation	Dr. Vasundhara Ramdas Borakhade	60	15.00- 16.00
7	L-6: Literature Search	Dr. Milind Mohan Godbole	60	16.00- 17.00

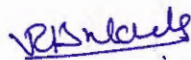
DAY TWO – 16.04.2025

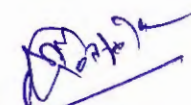
S.N	Topic	Resource person	Time (Minutes)	From -To
1	Group Activity-2: Participants will divide into groups as was done for GA- 1. Each group will try to search references related to topics finalized and discussed in G.A:1	Dr .Vasundhara Ramdas Borakhade	60	10.00- 11.00
2	L-7: Sampling: Methods & Sample size Determination	Dr . Ashok Sadhshiv Patil	60	11.00 -12.00
3	L-8: Questionnaire Designing	Dr. Kalapna Krishnrao Jadhav	60	12.00- 13.00
4	L-9: Qualitative Research Method	Dr. Uttam Kashinath Bande	60	13.00- 14.00
5	Group Activity -3: Participants will divide into groups as in GA- 1. Each group will discuss and present <ul style="list-style-type: none"> • Sampling method adopted for the study/ studies selected in GA-1 • Discuss and present sample size determined for study Present at least 3 dummy tables generated (Tea shall be served during group activity)	Dr.Laxmikant Balaso Patil	60	14.00 -14.30
	Lunch break		30	14.30-15.30
6	L-10: Ethical Issues In Medical Research ** Groups will present ethical issues in their respective studies.	Dr. Milind Mohan Godbole	60	15.30 - 16.30
7	L- 11 :Writing a research protocol	Dr. Kalapna Krishnrao Jadhav	60	16.30 – 17.30



DAY THREE - 17.04.2025

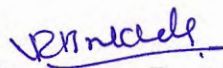
S.N	Topic	Resource person	Time (Minutes)	From -To
1	L-12: Evaluation of Diagnostic test	Dr. Ajit Patil	60	10.00 – 11.00
2	L-13 : Inferential Statistics	Dr .Vasundhara Ramdas Borakhade	60	11.00 – 12.00
3	Group Activity -4: Participants will divide into groups as in GA- 1. Each group will discuss about the inferential statistics (statistical tests) to be applied for the study design discussed in earlier group exercises.	Dr. Ajit Patil	60	12.00-13.00
4	L-14: Critical evaluation of journal article **	Dr. K.Vishala	60	13.00 -14.00
	LUNCH		30	14.00 - 14.30
5	GA -5 : Two journal articles (different study designs) will be presented and discussed by members**	Dr. Kavita Chandrashekar Mule	60	14.30 - 15.30
6	L- 15: Computer assistance in Data Analysis Excel and EPI Info	Dr. Ranjeet Zunzarrao Patil	60	15.30 – 16.30
7	Post Test (With Feedback from participants)	Dr .Vasundhara Ramdas Borakhade	30	16.30 – 17.00


Dr .Vasundhara Ramdas Borakhade
Co-ordinator,
M.E.T. (R.M.) Programme


PRINCIPAL
YASHWANT AYURVEDIC COLLEGE, KODOLI,
TAL. Panhala, Dist. Kolhapur



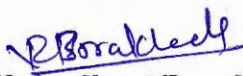
Sr. No.	Faculty Name	College Name	Contact No.	Included In Faculty Database
1	Dr. Milind Mohan Godbole	Yashwant Ayurvedic College, Kodoli	9850119900	Yes (Sr. No. 94) (Uttar Maharashtra Region)
2	Dr. Kalpana Krishnarao Jadhav	Yashwant Ayurvedic College, Kodoli	9423871049	Yes (Sr. No. 91) (Uttar Maharashtra Region)
3	Dr. Laxmikant Balasaheb Patil	Yashwant Ayurvedic College, Kodoli	9422050209	Yes (SR.NO. 92) (PUNE REGION)
4	Dr. Ashok Sadashiv Patil	Yashwant Ayurvedic College, Kodoli	9423802308	Yes (SR.NO. 110) (PUNE REGION)
5	Dr. Ranjeet Zunzarrao Patil	Yashwant Ayurvedic College, Kodoli	9921556767	Yes (SR.NO. 91) (PUNE REGION)
6	Dr. Uttam Kashinath Bande	Yashwant Ayurvedic College, Kodoli	9011090327	Yes (SR.NO. 109) (PUNE REGION)
7	Dr. Vasundhara Ramdas Borakhade	Yashwant Ayurvedic College, Kodoli	9822885710	Yes (SR.NO. 153) (PUNE REGION)
8	Dr. Harshal Sampatrao Sabale	Yashwant Ayurvedic College, Kodoli	9960446171	Yes (Sr. No. 92) (Uttar Maharashtra Region)
9	Dr. Suryakiran Parashuram Wagh	Yashwant Ayurvedic College, Kodoli	9822846910	Yes (Sr. No. 95) (Uttar Maharashtra Region)
10	Dr. Kavita Chandrashekar Mule	Yashwant Ayurvedic College, Kodoli	9423277612	Yes (SR.NO. 74) (PUNE REGION)
11	Dr. Vijay Vasant Rao Patil	Yashwant Ayurvedic College, Kodoli	7507313566	Yes (Sr. No. 96) (Uttar Maharashtra Region)
12	Dr. Ravi Patil	Yashwant Ayurvedic College, Kodoli	9822010316	Yes (SR.NO. 34) (PUNE REGION)
13	Dr. Asmita Sutar	Yashwant Ayurvedic College, Kodoli	9960467200	Yes (Sr. No. 151) (Pune Region)


Dr. Vasundhara Ramdas Borakhade
Co-ordinator,
M.E.T. (R.M.) Programme


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Yashwant Ayurvedic College ,
Post Graduate Training & Research Center, Kodoli
Research Methodology Workshop
Date:15.04.2025 to 17.04.2025
Faculty Attendance

Sr.No.	Faculty Name	Date 15.04.2025	Date 16.04.2025	Date 17.04.2025
1	Dr.M.M.Godbole	P	P.	1
2	Dr. K.K. Jadhav	P.	P	1
3	Dr. V.R.Borakhade	P	P	P
4	Dr.L.B.Patil	1	P	1
5	Dr.Ashok Patil	1	P	1
6	Dr.U.K.Bande	1	P	1
7	Dr.K. Vishala	1	1	P
8	Dr.T.Shrinivas	P	1	1
9	Dr.K.C.Mule	1	1	P
10	Dr.Ravi B. Patil	P	1	1
11	Dr.R.Z.Patil	1	1	P
12	Dr.Ajit Patil	1	1	P
13	Dr. Vijay V.Patil	P	1	1


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38	Dr.Nimish Sanket Kadam	ANS	NS	NS	NS	NS	NS
39	Dr.Gayatri Rajendra Patil	GNP	GNP	GNP	GNP	GNP	GNP
40	Aniruddha Diwakar Kakpure	ADK	ADK	ADK	ADK	ADK	ADK
41	Dr.Jyotsna Ramesh Sadakale	SAD	SAD	SAD	SAD	SAD	SAD
42	Dr.Pooja Machindra Bangar	PONG	PONG	PONG	PONG	PONG	PONG
43	Dr. Sapate Sakshi Sunil	SAS	SAS	SAS	SAS	SAS	SAS
44	Dr Awale Renuka Rama	RWA	RWA	RWA	RWA	RWA	RWA
45	Dr Achare Rohini Ramesh	ARA	ARA	ARA	ARA	ARA	ARA
46	Dr Kirti Sadashivrao Navane	KNS	KNS	KNS	KNS	KNS	KNS
47	Dr. Roshan Ahilu Nirbhavane	RNS	RNS	RNS	RNS	RNS	RNS
48	Dr.Vaibhav Dilip Bhosale	VDB	VDB	VDB	VDB	VDB	VDB
49	Dr Ardra Bhagwatrao. Thorat	ABT	ABT	ABT	ABT	ABT	ABT
50	Dr Swati Vishwas Patil	VS	VS	VS	VS	VS	VS

VB

Dr. Vasundhra R. Borakhade
Co-ordinator,
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NS

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Maharashtra University of Health Sciences, Nashik
Basic Workshop In Research Methodology

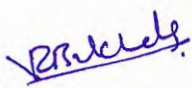
Duration - 15 April 2025 to 17 April 2025

Venue - Auditorium, Yashwant Ayurvedic College P.G.T. & R.C. Kodoli.
Tal – Panhala, Dist – Kolhapur .


Number of participants – 50

SESSION EVALUATION FEEDBACK SUMMARY

Sr. No	Name Of Session	Name of Resource Faculty	Excellent	Good	Fair	Poor
1	: Introduction to Research Methodology	Dr. Kalapna Krishnrao Jadhav	19	21	10	0
2	Case Control Studies & cohort studies					
3	Descriptive studies	Dr. vijay Patil	17	22	11	0
4	Types of Data & Data Presentation	Dr. Vasundhara Ramdas Borakhade.	14	21	15	0
5	Experimental studies	Dr. Kalapna Krishnrao Jadhav .	16	32	2	0
6	Group Activity-1:					
7	Literature Search	Dr. Milind Godbole .	15	20	14	0
8	Group Activity -3					
9	Group Activity-2:	Dr. L.B. Patil	16	22	12	0
10	Sampling: Methods & Sample size Determination	Dr. Ashok Patil	25	23	2	0
11	Qualitative Research Method	Dr. U.K.Bande	12	20	17	0
12						
13	Writing a research protocol	Dr. T.Srinivas	14	20	26	0
14	Critical evaluation of journal article **	Dr. K. Vishala Dr. Kavita Mule	25	22	3	0
15	GA -5 : Two journal articles (different study designs) will be presented and discussed by members**					
16	: Inferential Statistics	Dr .Vasundhara Ramdas Borakhade	14	22	14	0
17	Group Activity -4:					
18	Evaluation of Diagnostic test	Dr.Ajit Patil	15	27	8	0
19	Questionnaire Designing	Dr. Kalapna Krishnrao Jadhav	16	25	9	0
20	: Ethical Issues In Medical Research ** Groups will present ethical issues in their respective studies	Dr. Milind Godbole	27	10	13	0
21	: Computer assistance in Data Analysis Excel and EPI Info	Dr. R.Z. Patil	18	22	10	0


Dr. Vasundhara Ramdas Borakhade
Co-ordinator,
M.E.T. (R.M.) Programme


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Research Center, Kodoli

बैंक ऑफ इंडिया **BOI** 
BANK OF INDIA
Kodoli BRANCH

APPLICATION FORM FOR RTGS. / NEFT.

Sr. No. Entered by Verified by
Date: 24/04/2025

Applicant's Name & Address
महाराज आयुर्वेदिक महाविद्यालय
पदव्युत्तर शिक्षण व संशोधन केंद्र कोडोली
ता. पन्हाळा, जि. कोल्हापूर.

Applicant's Account Number: 092721110000001

Beneficiary Name & Address: Registrar M.V.H.S Nashik
(Gen. fund A/c)

Beneficiary Account Details: a) Type of Account: S/B, C/D, O/D, C/C
Account No. 00641430000649

b) IFSC Code: HDFC 0000064

c) Name of Bank: HDFC Bank

d) Name of Branch: Thatte Nagar, Nashik

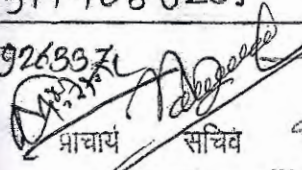
Amount Figures Rs.: 25000/-

Words Rs.: Twenty five Thousand only

UTR No. SKIDY25114686201

Contact Mob. No.: 7840926397

Landline:


प्राचार्य सचिव व्यवस्थापक अध्यक्ष

महाराज आयुर्वेदिक महाविद्यालय
पदव्युत्तर शिक्षण व संशोधन केंद्र कोडोली
Signature of Applicant

Cheque Received
Date
Bank of India
Kodoli Branch

ATTESTED

DEAN

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Research Centre, Kodoli